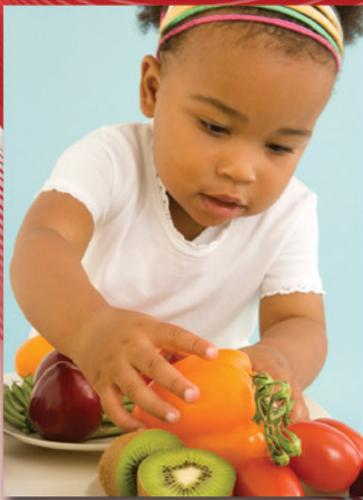


2013 Illinois Minority Health Conference



# Moving Forward

*Seizing the Moment to  
Bridge Health Equity in Illinois*

## *Program Book*

**March 27-28, 2013**

Marriott Chicago Naperville  
Naperville, Illinois

***Co-sponsored by:***

Illinois Department of Public Health, Center for Minority Health Services  
Illinois Public Health Association • Illinois State Board of Education



Pat Quinn, Governor  
LaMar Hasbrouck, MD, MPH, Director

122 S. Michigan Ave., Suite 2009 • Chicago, Illinois 60603-6152 • [www.idph.state.il.us](http://www.idph.state.il.us)

Greetings!

On behalf of the Illinois Department of Public Health, welcome to the 2013 Minority Health Conference.

This year's theme, *Moving Forward – Seizing the Moment to Bridge Health Equity in Illinois*, represents a strategy to address the health care needs of communities across our state, and is supported by the Illinois Department of Public Health and the work of the department's Center for Minority Health Services. Bridging health equity and providing access to culturally competent health care for all of the citizens of Illinois is fundamental to all of our life goals and our opportunity to meet our full potential.

A major focus of the conference will be the implementation of the Affordable Care Act and its impact on Illinois' communities of color. The Act provides Illinois with an opportunity to advance reforms that will ensure that we have a more efficient and cost-effective health care system. Your participation will provide you with credible information to assist in its timely and coordinated implementation.

As you hear from national and local public health leaders during general sessions and workshops, please take advantage of the opportunity to network and build relationships that will assist you in reducing health disparities, increasing the diversity of Illinois' health care workforce, and improving the quality of care for all Illinoisans.

I would like to thank the Illinois Department of Public Health's Center for Minority Health Services and the Illinois Public Health Association for the hard work and dedication they have contributed in order to make this conference possible.

We appreciate your attendance and hope you enjoy the entire program.

Sincerely,

A handwritten signature in blue ink, appearing to read "LaMar Hasbrouck". The signature is written over a large, light blue circular graphic element.

LaMar Hasbrouck, MD, MPH  
Director

***Improving public health, one community at a time***

*printed on recycled paper*

## General Conference Information

### Conference Badges

Your conference name badge is your admission to the keynote sessions, concurrent sessions, and meals. Please have your name badge with you at all times during conference activities.

### Exhibits

The conference will feature a variety of vendors, organizations, and programs on display for participants to visit. The exhibits will be available on Wednesday, March 27, from 8 a.m. until 4 p.m.

### Live Webcasts

Some presentations will be streamed to the web enabling you to view the presentations live via your desktop computer. A link to the webcasts will be available on the IPHA website at [www.ipha.com](http://www.ipha.com) during the conference. Click "2013 Minority Health Conference" for further instructions. Look for the (♣) symbol in this program for the dates and times of the webcasts. Also, note that the webcasts will be archived and made available through the IPHA website for 30 days following the conference.

### Smoking Policy

For the comfort of all conference attendees and hotel guests, please restrict smoking to designated areas only.

### Going "Green"

The conference is committed to promoting and contributing to a clean and safe environment. All conference presenters were asked to post their handouts online thus eliminating paper handouts. We also encourage all participants to recycle badges, papers, plastic bottles, or anything else that can be recycled. Thank you for your participation in making this conference environmentally friendly.

### Evaluations

A conference evaluation is in each participant registration packet. Please complete the evaluation and return to the registration desk at the close of the conference. Your opinions are valuable and serve to guide future conferences.

### Social Media

Keep the conversation going on Twitter by tweeting quotes, comments, questions and discussions during the conference, using the hashtag #mhcil. If you are watching the live webcast via your computer, use the hashtag to ask questions during Q & A.

## 2013 Conference Advisory Committee

### Event Chair: Doris Turner

Illinois Department of Public Health  
Center for Minority Health Services

### Event Co-Chair: Veronica Halloway

Illinois Department of Public Health

### Event Co-Chair: Angela Wanger

Illinois Public Health Association

### Jenny Aguirre, M.B.A.

Illinois Department of Public Health

### Ariq Cabbler Brothers Health Collective

### Esperanza Gonzalez Illinois Migrant Council

### Penny Harris Fifth Street Renaissance

### Wendy Kelly The Project of the Quad Cities

### Carla N. Little, Ph.D. Illinois Department of Public Health

### Julie Pryde, M.S.W. Champaign-Urbana Public Health District

### Dana Williams Community Wellness Project

### Jing Zhang, Ph.D. Asian Human Services

## Continuing Education Credit

Oakton Community College, Alliance for Lifelong Learning, Continuing Education for Health Professionals (Oakton/ALL/CEHP), and the Illinois Public Health Association will be co-providing continuing education credits for conference participants.

**Licensed Social Workers/Licensed Clinical Social Workers and Licensed Professional Counselors/Clinical Licensed Professional Counselors** – Oakton/ALL/CEHP is approved by the Illinois Department of Financial and Professional Regulation as a sponsor of continuing education for licensed social workers and licensed counselors/professional counselors. This conference is approved for 10.0 clock hours/CPEs upon completion of this program.

**Certified Health Education Specialists (CHES)** – Illinois Public Health Association is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is a designated event for CHES to receive Category I CECH in health education. This conference is a designated event for certified health education specialists to receive 10.0 Category I CECH in health education.

**Universal Training Hours for Other Professionals** – One universal training hour from Oakton/ALL/CEHP is equal to one 60 minute clock hour. This conference is approved for 10.0 clock hours.

**There will be a \$10 processing fee for each certificate request. Continuing education certificates will be mailed to the address on the registration form. Certificates should arrive within 90 days following completion of the conference.**

**All attendees wishing to receive continuing education contact hours MUST sign in on the CE sheets EACH day at the registration desk.**

## 2013 Sponsors and Exhibitors

**Agape Global Outreach, Inc.**  
**American Lung Association – Illinois Tobacco Quitline**  
**Asian Human Services**  
**Beyond Care, Inc.**  
**Brother Health Collective**  
**Champaign-Urbana Public Health District**  
**Fifth Street Renaissance**  
**Hampton’s Resource**  
**Healthcare Alternative Systems**  
**Illinois Department of Public Health – Center for Minority Health Services**  
**Illinois Department of Transportation – Division of Traffic Safety**  
**Illinois HIV Care Connect**  
**Illinois Migrant Council**  
**Illinois Public Health Association**  
**Illinois State Board of Education**  
**Lathan-Harris, Inc.**  
**Legacy Training and Development Corporation**  
**Medical Monitoring Project**  
**MedImmune**  
**Metaphrasis**  
**Mi Raza Community Center**  
**Puentes de Esperanza**  
**Puerto Rican Cultural Center**  
**RipRoad**  
**Sinai Health Systems**  
**Springfield Community Federation**  
**Tower of Refuge, Inc.**  
**Vida/SIDA**

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*The Illinois Department of Public Health, Center for Minority Health Services  
would like to extend a special*

*Thank You*

*to the sponsors and exhibitors of this year’s conference!*

8 a.m. – 4 p.m.

**Registration and Exhibit Hall Opens**

8 a.m. – 9 a.m.

**Continental Breakfast**

9 a.m. – 10:45 a.m.

**Opening Plenary Session – Marriott Grand Ballroom** ♣

**Welcoming Remarks**

- Governor Pat Quinn (invited)
- Stephen Konya, III, Chief of Staff, Illinois Department of Public Health
- LaMar Hasbrouck, M.D., M.P.H., Director, Illinois Department of Public Health
- Mildred Hunter, Region V Director, U.S. Department of Health and Human Services
- Doris Turner, Chief, Illinois Department of Public Health, Center for Minority Health Services

**Keynote Address**

***Making Meaningful Progress Towards Health Equity through the Affordable Care Act***

- Cara V. James, Ph.D., Director, Office of Minority Health at the United States Centers for Medicare and Medicaid Services
- Linda Rae Murray, M.D., M.P.H., Cook County Department of Public Health

10:45 a.m. – 11 a.m.

**Break/Visit Exhibits – Marriott Grand Ballroom Pre-function Area**

11 a.m. – Noon

**Concurrent Workshops I**

**Promoting Mental Health and Preventing Substance Abuse in Communities of Color – Conf. Room A**

- Mark Sanders, LCSW, C.A.D.C., On the Mark Consulting

This interactive, skill-building workshop will address strategies for promoting mental health and preventing substance abuse among clients in communities of color. A partial list of topics includes: 10 Steps for Promoting Mental Health and Well-being and 5 Strategies for Reducing the Risk of Substance Abuse among Clients in Communities of Color.

**HIV Prevention with Young Men who Have Sex with Men: A Multi-tiered Approach for the 21st Century – Conf. Room B**

- Darrell Wheeler, Ph.D., M.P.H., M.S.W., Loyola University

This presentation focuses on historical and emerging practices to address HIV risk and impact among young Men who have Sex with Men. The primary goal of this presentation is to support participant knowledge and awareness of ways to reach populations at greatest risk and to decrease disparities in the Illinois HIV epidemic.

**Access to Health Care for Migrant and Seasonal Farmworkers – Conf. Room C**

- Jina S. Bryant, B.S., Community Health Partnership of Illinois

An overview of the barriers to care that migrant and seasonal farmworkers face in Illinois and the United States, and an examination of how the Affordable Care Act, Federally Qualified Health Centers, and proposed legislation for comprehensive immigration reform will address or remove those barriers in the coming year(s).

Noon – 1:45 p.m.

**Lunch and Plenary Session – Marriott Grand Ballroom**

***The Affordable Care Act and Its Implications for Communities of Color***

- Kathy Chan, B.A., Illinois Maternal and Child Health Coalition
- Tessie Guillermo, B.A., ZeroDivide
- Mildred Williamson, Ph.D., M.S.W., Illinois Department of Public Health

2 p.m. – 3 p.m.

**Concurrent Workshops II**

**We Choose Health: Current Progress and Implementation – Conf. Room A**

- Janine Lewis, M.P.H., Ph.D.(c), Illinois Maternal and Child Health Coalition
- Leticia Reyes-Nash, M.B.A., Illinois Department of Public Health

*We Choose Health* is a multi-year Illinois Department of Public Health initiative to encourage and support the implementation of proactive health programs that fall under three categories: Healthy Eating and Active Living; Smoke-free Living; and Healthy and Safe Built Environments. *We Choose Health* has awarded 21 grantees, covering 60 counties and impacting almost 3 million people. The Department will present on the current progress of *We Choose Health* and discuss how every community in the state can join the effort to transform the health of their community through the implementation of evidence and practice-based approaches.

**Innovative Programs that Work: Spotlight on Grantee Programs – Conf. Room B**

- Penny Harris, Fifth Street Renaissance  
The Fifth Street Renaissance Reintegration Project provides intense, transitional case management to individuals who are HIV+ and have a recent history of incarceration. The project is statewide outside of Chicago/Cook County and has been operating since 2004.
- Williamenia Allen, East Side Health District  
East Side Health District is using text messaging in its clinic to schedule appointment reminders for clients. This session will discuss how the program is set up through the Text2Survive program and how it will help improve patient adherence to treatment.

**Aspects of the Lifecycle of Women in Relation to Oral Health – Conf. Room C**

- David E. Miller, D.D.S., Illinois Department of Public Health

Oral health is part of being healthy. Women throughout their life, naturally go through cycles that men do not; childhood, youth, child bearing years, menopause, and senior years. Each one of these life cycles has an oral health component and relationship to systemic health. This relationship, with a focus on pregnancy and child, will be discussed, along with economic and racial variables. Efforts by the Department to work with WIC programs to help address oral health will also be discussed.

3 p.m. – 3:30 p.m.

**Break/Visit Exhibits – Marriott Grand Ballroom Pre-function Area**

3:30 p.m. – 4:30 p.m.

**Concurrent Workshops III**

**Vaccination: Reaching Marginalized Communities – Conf. Room A**

- Gary Kaufman, M.D., Sinai Medical Center
- Edwin Silverman, Ph.D., Illinois Department of Human Services

This session will focus on the challenges of vaccinating communities of color. It will also discuss the common challenges of health care providers and strategies to reach vulnerable children.

**Collecting, Using and Disseminating Health Data on Minority Populations – Conf. Room B**

- Thomas A. LaVeist, Ph.D.

This session will discuss the importance of collecting health data on minority populations, provide an overview of what data is currently being collected and suggest improvements for access, collection, and analysis of the necessary data to make more informed policy decisions.

3:30 p.m. – 4:30 p.m.

**Concurrent Workshops III** *(continued)*

**A Legacy of Good Health – The Intergenerational Approach to Wellness**

– *Conf. Room C*

- Lynne Chambers-Ketchens, M.S.W., Legacy Training and Development Corporation
- Andrew English, B.S., Cass County Health Department
- Gina Lathan-Whitener, A.B.D., M.P.H., Lathan-Harris, Inc.
- Julius Simmons, Jr., Springfield Community Federation

The Intergenerational Approach to Wellness is a community intervention and individual level intervention. The ultimate goal of the initiative is to prevent, or reduce obesity, thus reducing rates of cardiovascular disease, diabetes, and stroke. Strategies include: capacity building, training, providing health screenings, community gardening, and education for youth related to physical fitness and self-image.

**Thursday, March 28, 2013**

7 a.m. – 8:30 a.m.

**Continental Breakfast** – *Marriott Grand Ballroom Pre-function Area*

8:30 a.m. – 9:45 a.m.

**Plenary Session** – *Marriott Grand Ballroom* ♣

***Making Progress in Understanding Race Disparities***

- Thomas A. LaVeist, Ph.D.

9:45 a.m. – 10:45 a.m.

**Concurrent Workshops IV**

**Local Health Department Collaboration to Form a Joint Emergency Preparedness Special Needs Advisory Panel (SNAP)** – *Conf. Room A*

- Frankie Shipman-Amuwo, M.P.H., Cook County Department of Public Health
- Darnell L. Thomas, M.P.H., Chicago Department of Public Health

The Special Needs Advisory Panel (SNAP) is a partnership led by the Cook County Department of Public Health and the Chicago Department of Public Health. Membership of the panel includes representatives from public health, social service, and emergency management agencies. The goal of SNAP is to ensure that the needs of functional needs populations are met in all areas of emergency management, including preparedness, response, and recovery. In order to achieve this goal, SNAP works to encourage membership from a wide variety of community stakeholders whose contributions shape operations to be inclusive of functional need populations.

**Post-Colonial American Indian/Alaskan Native Health Care** – *Conf. Room B*

- Ellen Williams, B.S., American Indian Health Services of Chicago

Health disparities plague American Indian/Alaskan Native (AI/AN) communities. One of the main reasons is lack of cultural competency among health care providers. This session will begin the discussion of who AI/AN people are, where they are located, and most importantly, how do we reduce these grave health inequities.

**Using e-Tools to Bridge the Equity Gap** – *Conf. Room C*

- Eric Leven, M.B.A., M.S., RipRoad
- Michael Maginn, Illinois Public Health Association

This session will discuss two statewide initiatives, HIV Care Connect and

Text2Survive. The primary goal of Illinois HIV Care Connect is to increase awareness of HIV-related services among health providers. Once enrolled in Illinois HIV Care Connect, people living with HIV receive confidential medical case management services at no charge, regardless of income. Also they may qualify for a range of other health care and support services.

This session also will share examples of text messaging applications that are making a difference in health care communications today.

10:45 a.m. – 11 a.m.

**Break**

11 a.m. – Noon

**Concurrent Workshops V**

**Shepherding Your Disability Discrimination Case – Conf. Room A**

- Honorable William J. Borah, Illinois Human Rights Commission

This session will eliminate the dangerous misconception that your discrimination case will be heard in an informal setting and the atmosphere will be comparable to the treatment of a guest on the Oprah Show or Court TV. A discussion of disability rights under Illinois law, how to spot a possible violation, and evidence gathering and presentation, will be the session’s topic concentration. The session will reference the Illinois Human Rights Act; American with Disabilities Act; and the concepts of Accommodations, Remedies, and Defenses.

**Tobacco Control and Social Media in Limited English Speaking Populations – Conf. Room B**

- JP Jael, B.A., Asian Human Services
- Jing Zhang, Ph.D., Asian Human Services

The session will discuss the utilization of an integrated approach to address smoking secession needs among limited English speaking Asian American populations. It will demonstrate the use of traditional outreach and social media to promote access to the Illinois Tobacco Quitline and its language services.

**The Health Legacy Program for Women: Reducing Obesity and Type 2 Diabetes in the African-American Community – Conf. Room C**

- Robin McConney, M.H.A., Rush University Medical Center

Using a community-based, multi-generational approach to health education and intervention, The Health Legacy Project aims to reach 100 African American women over the age of 55 who are either diabetic or overweight. Participants will create and adopt a health legacy document after engaging in the six-week Stanford model for self-management, weekly exercise and nutrition counseling, and small group support sessions.

Noon – 2 p.m.

**Lunch and Closing Session – Marriott Grand Ballroom** ♣

**Live Healthy Cooking Demonstration**

- Chef Judson Allen

Celebrity Chef Judson Todd Allen, also known as “The Architect of Flavor,” will show how to build a powerhouse of flavors and transform the way you think about healthier food.

2 p.m.

**Illinois Department of Public Health Center for Minority Health Services Grantee Meeting** (required for all grantees)

## Wednesday Keynote Speakers

**Cara V. James, Ph.D.**, is the director of the Office of Minority Health at the Centers for Medicare and Medicaid Services (CMS). Prior to joining the Office of Minority Health at CMS, Dr. James was the director of the Disparities Policy Project and the director of the Barbara Jordan Health Policy Scholars Program at the Henry J. Kaiser Family Foundation, where she was responsible for addressing a broad array of health and access to care issues for racial and ethnic minorities and other underserved populations, including the potential impact of the Affordable Care Act, analyses of state-level disparities in health and access to care, and disparities in access to care among individuals living in health professional shortage areas. Prior to joining the staff at Kaiser, she worked at Harvard University and The Picker Institute. She is a member of the Institute of Medicine's (IOM) Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities and has served on several IOM committees, including the Committee on Leading Health Indicators for Healthy People 2020. She has published several peer-reviewed articles and other publications, and was a co-author for one of the background chapters for the IOM Report Unequal Treatment. Dr. James received her Ph.D. in Health Policy and her B.A. in Psychology from Harvard University.



**Dr. Linda Rae Murray** has spent her career serving the medically underserved. She has worked in a variety of settings, including practicing Occupational Medicine at a Workers Clinic in Canada, Residency Director for occupational medicine at Meharry Medical College, and bureau chief for the Chicago Department of Health under Mayor Harold Washington. Dr. Murray served as medical director of the federally funded health center, Winfield Moody, serving Cabrini Green Public Housing Project in Chicago. Dr. Murray has been an active member of a wide range of local and national organizations including serving as a member of the Board of Scientific Counselors for the Agency for Toxic Substances and Disease Registry (ATSDR), and the Board of Scientific Counselors for the National Institute of Occupational Safety and Health (NIOSH) and the Board of Directors of Trinity Health (a large Catholic Health system). She serves on the National Advisory Committee on Occupational Safety & Health (NACOSH).

In 1997, Dr. Murray returned to the Cook County Health System where she served as chief medical officer -primary care for the 23 primary care and community health centers comprising the Ambulatory & Community Health Network of the Cook County Bureau of Health Services. The Cook County Bureau of Health Services is one of the nation's largest public system of medical care and operates three hospitals, the public health department for suburban Cook County, health services at the county jail and the network of health centers (ACHN) operated by the county. Today she serves as the chief medical officer for the Cook County Department of Public Health of the Cook County Health & Hospital System, the state certified public health agency for suburban Cook County. She practices as a general internist at Woodlawn Health Center, is an attending physician in the Division of Occupational and Environmental Medicine at Cook County Hospital, and an adjunct assistant professor at the University of Illinois at Chicago School of Public Health (Occupational & Environmental Health and the Health Policy & Administration Departments). She plays a leadership role in many organizations, including NACCHO's (National Association of City & County Health Officers) Health Equity & Social Justice Team, the national executive board of the American Public Health Association and serves on the board of the Chicago-based Health and Medicine Policy Research Group. She remains passionate about increasing the number of black and Latino health professionals and serves as the co-chair for the Urban Health Program Community Advisory Committee at the University of Illinois.

In November 2010, Dr. Murray became president of the American Public Health Association. She has been a voice for social justice and health care as a basic human right for more than forty years.

## Wednesday Luncheon Speakers



**Kathy Chan** currently serves as the associate director/director of policy and advocacy for the Illinois Maternal and Child Health Coalition (IMCHC), and provides leadership on advocacy efforts, as well as policy analysis for IMCHC and its four projects. From 2002 to 2006, Ms. Chan worked at IMCHC on Covering Kids and Families where she built statewide and local coalitions and created and implemented strategies to help families more easily access public health insurance programs. Her efforts helped Illinois gain recognition as a national leader in enrollment. To date, more than 2.8 million parents and children in Illinois have public insurance coverage.

Ms. Chan worked briefly in state government with the Illinois Department of Healthcare and Family Services, where she assisted with strategic enrollment efforts and the implementation of All Kids. She currently serves as board chair of IFLOSS, a statewide organization working to improve the oral health status of residents, and remains an active volunteer with the Young Nonprofit Professionals Network of Chicago. She graduated with a B.A. in English from Northwestern University and began her career as an organizer with Green Corps, a field school for environmental organizing.



**Tessie Guillermo** is president and CEO of ZeroDivide, which invests in nonprofit organizations, and provides consultation and advisory services to foundations, business, and government agencies to help develop and implement innovative technology programs that support underserved communities. In 2011, ZeroDivide began taking active steps to address the pending gap between the digital divide and health disparities by developing community eHealth program.

Ms. Guillermo has been involved in technology adaptation since 1987 when she had her first experience managing the installation of a patient information management system at a community health center in Oakland, California. Before ZeroDivide, Ms. Guillermo served for 15 years as CEO of the Asian and Pacific Islander American Health Forum, a leading national health policy/advocacy organization with offices in San Francisco and Washington, DC. In 2000, Ms. Guillermo was appointed by former President Bill Clinton to serve as an inaugural member of the President's Advisory Commission on Asian Americans and Pacific Islanders. She currently serves as board chair for the California Endowment and Board Secretary for Dignity Health. She is also a board member of the Lucile Packard Foundation for Children's Health, the Nonprofit Finance Fund and Northern California Grantmakers (NCG). Ms. Guillermo is an alumna of the University of California, Berkeley, and California State University, East Bay, with a B.A. in Economics. She is a graduate of the Gallup Leadership Institute and was a 1997 Fellow of the Asian Pacific American Women's Leadership Institute.



**Mildred Williamson, Ph.D, M.S.W.**, is the section chief of the HIV/AIDS Program at the Illinois Department of Public Health. The majority of her work experience is in program planning, implementation, evaluation, and management within non-profit organizations. This includes administering prevention/early intervention/primary and specialty health care delivery services in both community outpatient and hospital based safety net/public sector settings. HIV/AIDS, maternal child health, and chronic illness programs have been her specialty areas; minority, underserved populations have been her populations of focus. Dr. Williamson's educational training is in social service administration and policy with an emphasis on maternal child health social work inclusive of community engagement, board development, health/social policy analysis, grant writing and grant management.

Dr. Williamson received her B.A. from Loyola University, Chicago, and her masters and Ph.D. in social work from the University of Chicago.

## Thursday Plenary Speaker



**Thomas A. LaVeist, Ph.D.**, is the William C. and Nancy F. Richardson Professor in Health Policy and director of the Hopkins Center for Health Disparities Solutions at the Johns Hopkins Bloomberg School of Public Health. He received his bachelor's degree from the University of Maryland Eastern Shore, Ph.D. in medical sociology from the University of Michigan, and postdoctoral fellowship in public health at the Michigan School of Public Health. His dissertation was awarded the 1989 Roberta G. Simmons Outstanding Dissertation Award by the American Sociological Association.

He frequently lectures on minority health and health policy at leading universities and professional conferences and workshops. Dr. LaVeist consults often with federal agencies and health care organizations on minority health and cultural competency issues and racial disparities in health, and he has conducted several important studies. His research has been funded by the National Institutes of Health, National

Center on Minority Health and Health Disparities, Centers for Disease Control and Prevention, and the Agency for Healthcare Research.

In addition to his work as a public health researcher, Dr. LaVeist has conducted research on African Americans in higher education. He has published two books with the Tom Joyner Foundation, written a college guide for African Americans, and developed the analytic methods for the Black Enterprise list of the top 50 colleges for African Americans.

Dr. LaVeist has published more than 100 articles in scientific journals, including *Health Affairs*, *Journal of General Internal Medicine*, *American Journal of Public Health*, *American Journal of Epidemiology*, *American Journal of Sociology*, *Milbank Quarterly*, *Medical Care*, *Journal of the American College of Cardiology*, *Ethnicity and Disease*, *Health Services Research*, and *Social Science & Medicine*.

He has also written articles for *Newsweek*, *Black Enterprise*, and the *Baltimore Sun*. The second edition of his edited volume, *Race, Ethnicity and Health* (Jossey-Bass Publishers) was published in the fall of 2012. His textbook, *Minority Populations and Health: An Introduction to Race, Ethnicity and Health in the United States*, was published April 2005 (Jossey-Bass Publishers). He also is the author of *The DayStar Guide to Colleges for African American Students*, and co-author of *8 Steps to Help Black Families Pay for College*.

Courses taught at Johns Hopkins include: Health Policy 1, Seminar in Health Disparities, and Cultural Factors in Public Health.

Website/Blog:  
[www.ThomasLaveist.com](http://www.ThomasLaveist.com)

# Chef Judson Todd Allen

“The Architect of Flavor”™



Chicago native, Judson Todd Allen is the CEO and Executive Chef of **Healthy Infused Cuisine, LLC**. A premiere cuisine company that specializes in personal, private and event chef services catering to clients' desires for healthier food choices without compromising taste. Those clients mostly consist of corporate executives from National Broadcasting Corporation (NBC) and National Association of Health Services Executives to moguls in entertainment, such as national radio and daytime TV talk show host Steve Harvey.

Judson realized early in life a passionate love for food. It led him to earn a degree in Food Science & Human Nutrition at the University of Illinois at Urbana-Champaign. Additionally, Judson has traveled the world in search of hidden culinary treasures. While in Paris, he studied at the world-renowned Le Cordon Bleu, as well as the Ritz.

Known as the 'Architect of Flavor™', Chef Judson's mission is to design powerhouse flavors that change the way people think and feel about healthier foods. Judson struggled with weight throughout his childhood and now maintains a weight loss of 135lbs championing children causes.

Supporting his mission, the Season 8 Food Network Star Alum, debuted his own live cooking platform at Kenmore Live Studios in Chicago. As expected, Judson enjoyed the highest rated onsite attendance and online viewers via social media in the history of Kenmore's interactive live events.

Judson possesses an unparalleled desire to dispel the myth that healthier food is boring and unpalatable. He continues to share his knowledge and enthusiasm for food locally and nationally by contributing culinary information as a food contributor to friend Steve Harvey, "The Steve Harvey Show" and food restricted talk show veteran Ricki Lake of "The New Ricki Lake Show", along with others.

In December 2012, Chef Judson introduced his signature All Purpose Habanero Hot Sauce and made Ricki Lake's favorite things. This all natural product is often used as an awesome ingredient for marinades and toppings for almost anything because of its "Less Hot with More Flavor" taste. For more info about Chef Judson Todd Allen and his prized Hot Sauce, visit him at [www.JudsonToddAllen.com](http://www.JudsonToddAllen.com).



# Hotel Floor Plan



# Agenda At-A-Glance

## Wednesday, March 27, 2013

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**8 a.m. – 4 p.m.**

**Registration and Exhibit Hall Opens**

**8 a.m. – 9 a.m.**

**Continental Breakfast**

**9 a.m. – 10:45 a.m.**

**Opening Plenary Session**

**Welcoming Remarks**

**Keynote Address**

***Making Meaningful Progress Towards Health Equity through the Affordable Care Act***

Cara V. James, Ph.D., Centers for Medicare and Medicaid Services

Linda Rae Murray, M.D., M.P.H., Cook County Department of Public Health

**10:45 a.m. – 11 a.m. Break/Visit Exhibits**

**11 a.m. – Noon**

**Concurrent Workshops I**

- Promoting Mental Health and Preventing Substance Abuse in Communities of Color
- HIV Prevention with Young Men who Have Sex with Men: A Multi-tiered Approach for the 21st Century
- Access to Health Care for Migrant and Seasonal Farmworkers

**Noon – 1:45 p.m.**

**Lunch and Plenary Session**

***The Affordable Care Act and Its Implications for Communities of Color***

Kathy Chan, B.A., Illinois Maternal and Child Health Coalition

Tessie Guillermo, B.A., ZeroDivide

Mildred Williamson, Ph.D., M.S.W., Illinois Department of Public Health

**2 p.m. – 3 p.m.**

**Concurrent Workshops II**

- We Choose Health: Current Progress and Implementation
- Innovative Programs that Work: Spotlight on Grantee Programs
- Aspects of the Lifecycle of Women in Relation to Oral Health

**3 p.m. – 3:30 p.m.**

**Break/Visit Exhibits**

**3:30 p.m. – 4:30 p.m.**

**Concurrent Workshops III**

- Vaccination: Reaching Marginalized Communities
- Collecting, Using, and Disseminating Health Data on Minority Populations
- A Legacy of Good Health – The Intergenerational Approach to Wellness

## Thursday, March 28, 2013

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**7 a.m. – 8:30 a.m.**

**Continental Breakfast**

**8:30 a.m. – 9:45 a.m.**

**Plenary Session**

***Making Progress in Understanding Race Disparities***

Thomas A. LaVeist, Ph.D.

**9:45 a.m. – 10:45 a.m.**

**Concurrent Workshops IV**

- Local Health Department Collaboration to Form a Joint Emergency Preparedness Special Needs Advisory Panel (SNAP)
- Post-Colonial American Indian/Alaskan Native Health Care
- Using e-Tools to Bridge the Equity Gap

**10:45 a.m. – 11 a.m. Break**

**11 a.m. – Noon**

**Concurrent Workshops V**

- Shepherding Your Disability Discrimination Case
- Tobacco Control and Social Media in Limited English Speaking Populations
- The Health Legacy Program for Women: Reducing Obesity and Type 2 Diabetes in the African-American Community

**Noon – 2 p.m.**

**Lunch and Closing Session**

***Live Healthy Cooking Demonstration***

Chef Judson Allen

**2 p.m.**

**Illinois Department of Public Health Center for Minority Health Services Grantee Meeting (required for all grantees)**

\* See inside back cover for Hotel Floor Plan.

\* See pages 6-9 for full Conference Agenda.